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What belts can I take?

Dragons (Children aged 4 – 8)

White Belt	All new students	
White Belt / Red Stripe	Typical Minimum Age 4	Minimum 10 Classes
White Belt / Yellow Stripe	Typical Minimum Age 4	Minimum 10 Classes
White Belt / Orange Stripe	Typical Minimum Age 5	Minimum 10 Classes
White Belt / Green Stripe	Typical Minimum Age 5	Minimum 10 Classes
White Belt / Blue Stripe	Typical Minimum Age 6	Minimum 20 Classes
White Belt / Purple Stripe	Typical Minimum Age 6	Minimum 20 Classes
White Belt / Brown Stripe	Typical Minimum Age 7	Minimum 20 Classes
White Belt / Black Stripe	Typical Minimum Age 7	Minimum 20 Classes

Entry to gradings is always at the instructor's discretion and requires an appropriate level of technical ability, effort and concentration alongside the minimum age and attendance record.

If the student achieves White Belt / Black stripe completing the dragons syllabus they will be awarded a dragons completion certificate and are then eligible to join the junior classes. All children will progress from Dragons to Juniors somewhere between age 7 and 9 usually in school years 3 or 4 depending on the individual. All children regardless of their dragons belt will, when joining juniors, prepare for grading to a senior red belt.

Juniors and Adults (Aged 7+)

Novice – Red Shirt (When you join)

White Belt

Beginner Belts – Red Shirts (Typically 1-2 years)

Red Belt	Typical Minimum Age 7	Minimum 10 Classes
Yellow Belt	Typical Minimum Age 8	Minimum 20 Classes
Orange Belt	Typical Minimum Age 9	Minimum 30 Classes

Intermediate Belts – Blue Shirts (Typically 2-3 years)

Green Belt	Typical Minimum Age 10	Minimum 40 Classes
Blue Belt	Typical Minimum Age 11	Minimum 50 Classes
Purple Belt	Typical Minimum Age 12	Minimum 60 Classes

Senior Belts – Black Shirts (Typically 3-5 years)

Brown Belt	Typical Minimum Age 14	Minimum 70 Classes
Black Belt	Typical Minimum Age 16	Minimum 100 Classes

Entry to gradings is always at the instructor's discretion and requires an appropriate level of technical ability and effort alongside the typical minimum ages and attendance record.

**Please note the minimum age is a guideline for children showing the youngest age when they are likely to have gained the maturity and control of mind and body to meet the requirements of the belt listed. Children joining older than the minimum ages shown, or adults, will simply progress according to their natural ability and dedication to training.*